

Coaches guide to new rules effective September 2016 for TCYSA and District 7 Recreational Leagues.

TCYSA Categories	-----SuperMod-----			-----Mod Soccer-----		-----Full Field-----		
USSF Categories	Not Defined	Mini Field	Developmental	Small Sided	Full Sided			
Age Group	4-5	6-7	8	9-10	11-12	13-14	15-16	17-19
Teams and Players								
Maximum Roster	Club discretion	Club discretion	8	12	14	18	22	22
Players on Field	3	4	4	7	9	11	11	11
Maximum Suited Up to Play	Club discretion	8	8	12	14	18	18	18
Minimum Playing Time (Season)	50%	50%	50%	50%	50% *1	50% *1	50% *1	50% *1
Rules								
Game Duration (Minutes x Periods)	Club discretion	20x2	25x2	25x2	30x2	35x2	40x2	45x2
Breaks Between Periods (Minutes)	Club discretion	5	5	5	5	5	5	5
Overtime, if required (Minutes x Periods)	No	No	No	No	10x2 *2	10x2 *2	15x2 *2	15x2 *2
Ball Size	3	3	3	4	4	5	5	5
Goalkeeper	No	No	Yes	Yes	Yes	Yes	Yes	Yes
Goalkeeper Punts and Dropkicks	No	No	No	No	Yes	Yes	Yes	Yes
Direct Free Kicks	No	No	No	Yes	Yes	Yes	Yes	Yes
Indirect Free Kicks	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Penalty Kicks	No	No	No	Yes	Yes	Yes	Yes	Yes
Defender Distance From Free Kick (Yards)	3	3	3	5	7	10	10	10
Defender Distance From Throw-In (Yards)	2	2	2	2	2	2	2	2
Retake on Throw-In	Yes	Yes	Yes	No	No	No	No	No
Score From Goal Kick	No	No	No	Yes	Yes	Yes	Yes	Yes
Offside	No *3	No *3	No *3	Yes	Yes	Yes	Yes	Yes
Slide Tackling	No	No	No	No	No 11, Yes 12	Yes	Yes	Yes
Referee May Show Yellow/Red Cards	Not applicable	Not applicable	No *4	No *4	Yes	Yes	Yes	Yes
Heading Ball	No	No	No	No	No 11, Yes 12 *5	Yes *5	Yes	Yes
Field and Equipment overleaf								

Items in red are TCYSA variations on USSF/WYS rules.

*1: WYS Rule applies up through U12; older age groups reflect District 7 rule.

*2: These are recommendations. Overtime determined by rules of individual league / tournament.

*3: Spirit of the offside rule enforced.

*4: Referees encourage coaches to remove young players as alternative to issuing cards. In TCYSA competition coach is required to remove a player if requested by referee.

*5: Heading is allowed in practice/games from U14; allowed in games and 30 minutes maximum per week in practice U12/13; not allowed in games/practice up to U11.

TCYSA Recreational Soccer Rules(Rev 2)	Mod Soccer				Full Field		
Age Group	8	9-10	11	12	13-14	15-16	17-19
Teams and Players							
Maximum Roster	10	12	14	14	18	22	22
Players on Field	5	7	9	9	11	11	11
Maximum Suited Up to Play	10	12	14	14	18	18	18
Minimum Playing Time (Season)****	50%	50%	50%	50%	50%	50%	50%
Rules							
Game Duration (Minutes x Periods)***	25x2	25x2	30x2	30x2	35x2	40x2	45x2
Breaks Between Periods (Minutes)	5	5	5	5	5	5	5
Ball Size	3	4	4	4	5	5	5
Goalkeeper	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Goalkeeper Punts and Dropkicks	No	No	No	Yes	Yes	Yes	Yes
Direct Free Kicks	No	Yes	Yes	Yes	Yes	Yes	Yes
Indirect Free Kicks	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Penalty Kicks	No	Yes	Yes	Yes	Yes	Yes	Yes
Defender Distance From Free Kick (Yards)	3	7	7	7	10	10	10
Defender Distance From Throw-In (Yards)	2	2	2	2	2	2	2
Retake on Throw-In	Yes	No	No	No	No	No	No
Score From Goal Kick	No	Yes	Yes	Yes	Yes	Yes	Yes
Offside	No	Yes	Yes	Yes	Yes	Yes	Yes
Slide Tackling	No	No	Yes	Yes	Yes	Yes	Yes
Referee May Show Yellow/Red Cards	No *	No *	Yes	Yes	Yes	Yes	Yes
Heading Ball	No	No	No	Yes	Yes	Yes	Yes
Field and Equipment							
Field Size Length x Width (Yards)	30x40	60-70x40-50	70-80x45-55	70-80x45-55	100-115x50-75	100-115x50-75	100-115x50-75
Center Circle Radius (Yards)	3	8	8	8	10	10	10
Penalty Area Width x Depth (Yards)	No	12X24	36X14	36X14	44x18	44x18	44x18
Goal Area Width x Depth (Yards)	8x3	8x4	16X5	16X5	20x6	20x6	20x6
Penalty Mark (Yards)	No	10	10	10	12	12	12
Goalposts Width x Height (Feet)	6x8	12-18x6	18x6	18x6	24x8	24x8	24x8
Build Out Line	Halfway line**	Midpoint**	Midpoint**	None	None	None	None
*Referee may ask players to exit field when necessary							
**Midpoint between top of penalty area and halfway line							
***Summer Recreational League plays 30 minute halves for U11 and older							
****Substitutions may be made at any stoppage of play with permission of the referee							
BUILDOUT LINE							

