

**Age Group****TEAMS AND PLAYERS**

	8,9	10, 11, 12	13+
Maximum Roster	10	10	12
Players on Field	6	6	7
Maximum Suited Up to Play	10	10	12
Minimum Playing Time (Season)	50%	50%	50%

**RULES**

	25 minute halves	25 Minute halves	30 minute halves
Game Duration (Minutes x Periods)	25 minute halves	25 Minute halves	30 minute halves
Breaks Between Periods (Minutes)	5	5	5
Ball Size	4	4	5
Goalkeeper	Yes	Yes	Yes
Goalkeeper Punts and Dropkicks	No	No	No
Direct Free Kicks	Yes	Yes	Yes
Indirect Free Kicks	Yes	Yes	Yes
Penalty Kicks	No	Yes	Yes
Defender Distance From Free Kick (Yards)	10	10	10
Defender Distance From Throw-In (Yards)	2	2	2
Retake on Throw-In	Yes	No	No
Score From Goal Kick	Yes	Yes	Yes
Offside	No	Yes	Yes
Slide Tackling	No	No	Yes
Referee May Show Yellow/Red Cards	No	Yes	Yes
Heading Ball	No	U12=Yes, U10-11=No	Yes

**FIELD AND EQUIPMENT**

Field Size Length x Width (Yards)	50X35	50X35	60X40
Center Circle Radius (Yards)	5	5	5
Penalty Area Width x Depth (Yards)	25 Wide, 12 Deep	25 Wide, 12 Deep	30 Wide, 15 Deep
Goal Area Width x Depth (Yards)	8x4	8x4	10x5
Penalty Mark (Yards)	No penalty shots	12	12
Goalposts Width x Height (Feet)	12-18x6	12-18x6	18-24x8
Build Out Line (Yards from Goal Line)	Halfway line	Halfway line	None

**Fall 2020 Modified Rules**